

# Youth Alcohol and Drug Treatment Services

“Though no one can go back and make a new start, anyone can start from now and make a brand new ending.” - Carl Bard



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1st District  
2nd District  
3rd District  
4th District  
5th District



## Is Alcohol or Other Drugs a Problem for You or a Teen You Know?

- ◆ Has drinking or drug use caused family, school, or legal problems for yourself or a teen you know?
- ◆ Have you or a teen you know lost their temper or gotten into arguments/fights while drinking or using drugs?
- ◆ Do you or a teen you know spend time thinking about or trying to get alcohol or other drugs?
- ◆ Have you or a teen you know, missed out on anything that you/they wanted to do because of drug and/or alcohol use?
- ◆ Have you or a teen you know been worried about his/her own drinking or drug usage?



**If the answer is “yes” to one or more questions, please refer to the resources listed on the reverse side of this brochure.**



Department of Health Services  
Division of Behavioral Health Services

## Alcohol and Drug Services



## Youth Treatment Services

**Telephone: (916) 875-2050**

## WHO IS ELIGIBLE FOR SERVICES?

Any youth living in Sacramento County who is experiencing alcohol and/or drug problems

Eligibility is based on full scope Medi-Cal and/or the lack of insurance that covers alcohol and/or drug treatment services

## WHERE DO I BEGIN?

Call one of the listed sites on this brochure for information or a confidential alcohol and drug assessment

For more information about Sacramento County Alcohol and Drug Services for youth

*contact:*

**Alcohol and Drug Services  
General Information Line:  
(916) 875-2050**

**California Relay Service: 711  
(Bilingual staff and/or interpreters are available at no cost)**

## Preference provided for PERINATAL Alcohol and Drug Treatment Services to Youth

Injecting pregnant youth receive preference in the following order:

- Pregnant and injecting drug users
- Pregnant substance abusers
- Injecting drug users
- All others

# Youth Alcohol and Drug Outpatient Treatment Providers

## WHO MAKES A REFERRAL?

Youth are encouraged to refer themselves. In addition, family members, teachers, counselors, social workers, or anyone else who wants to help connect a youth with services can contact the following service agencies.

### South Sacramento

- **Another Choice, Another Chance (ACAC)**  
7000 Franklin Blvd. Suite 625  
Sacramento, CA 95820  
Phone: (916) 388-9418  
Fax: (916) 388-9273
- **Sobriety Brings A Change (SBAC)**  
4600 47th Ave Suite 102  
Sacramento, CA 95824  
Phone: (916) 454-4242  
Fax: (916) 454-2930

### North Sacramento

- **Strategies for Change**  
4441 Auburn Blvd. Suite E.  
Sacramento, CA 95841  
Phone: (916) 473-5764  
Fax: (916) 473-5766
- **Strategies for Change**  
4343 Williamsborough Dr  
Sacramento, CA 95823  
Phone: (916) 395-3552  
Fax: (916) 395-3683

### Isleton/Rio Vista

- **Rio Vista CARE, Inc.**  
628 Montezuma Street  
Rio Vista, CA 94571  
Phone: (707) 374-5243  
Fax: (707) 374-5381

