



College Prescription Drug Study

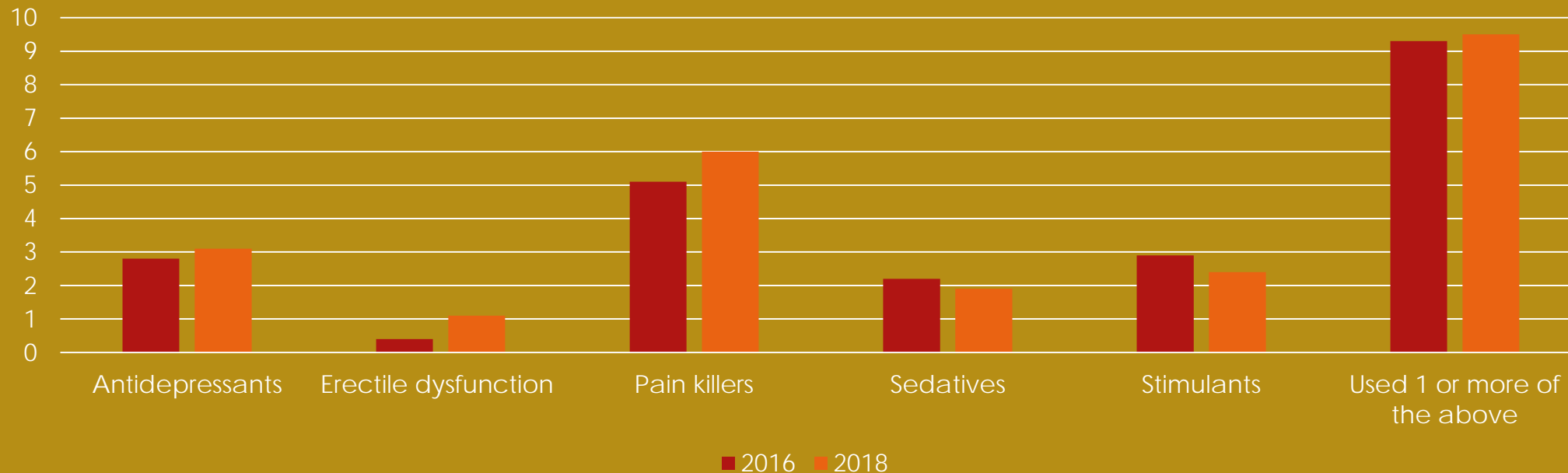
CALIFORNIA STATE UNIVERSITY, SACRAMENTO

LARA FALKENSTEIN, CHES

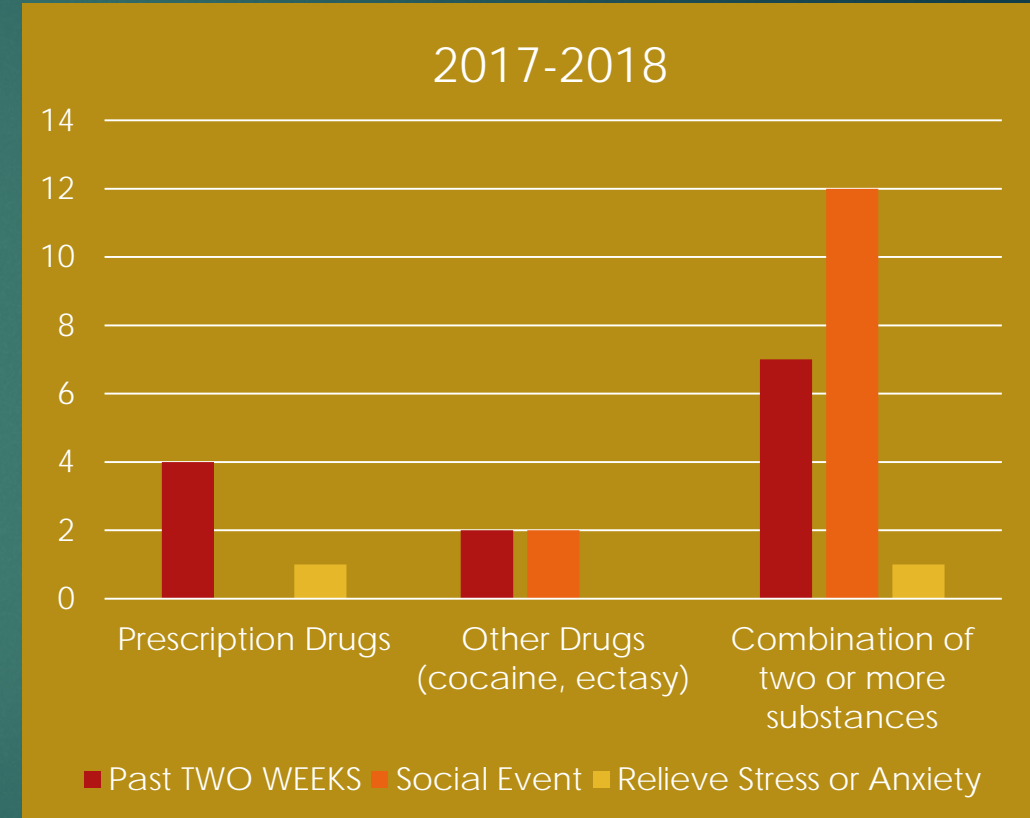
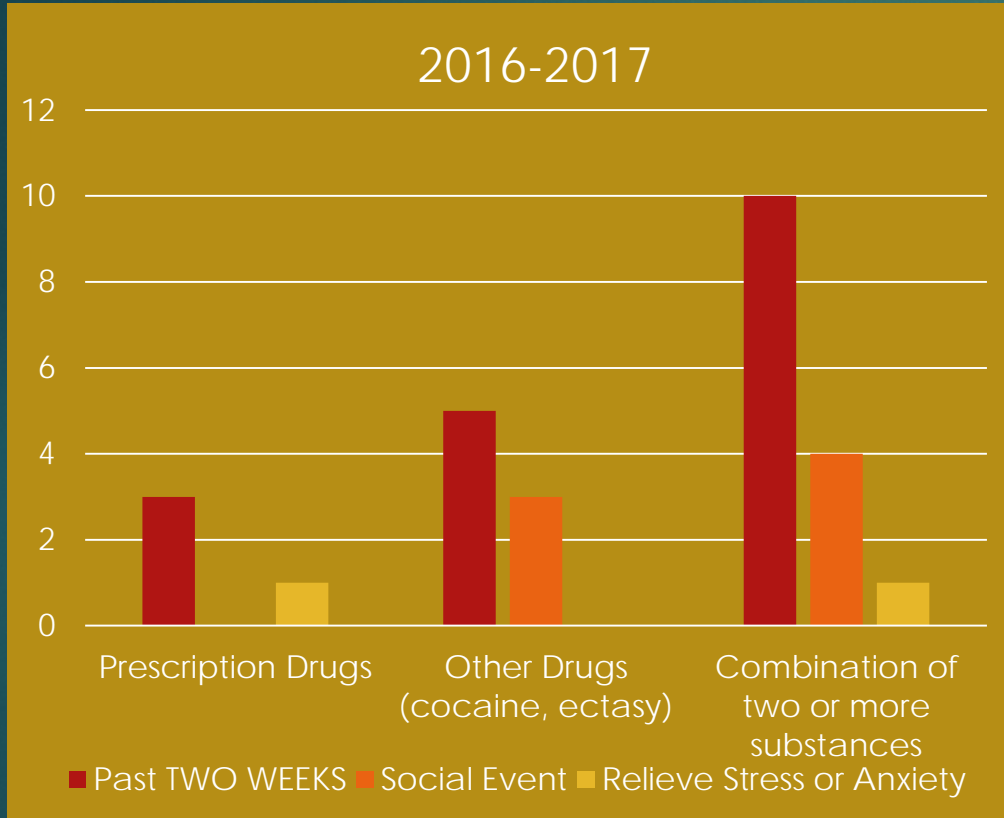


ACHA-NCHA II Survey Results

Students who have used a prescription drug in the last 12 months that was not prescribed to them.



CHOICES & Weed It Out Pre-Survey



The Ohio State University – College Prescription Drug Study

- ▶ Multi-institutional survey of undergraduate , graduate and professional students to examine non-medical use of prescription drugs.
- ▶ Includes the reasons for and consequences of use, access to prescription drugs, and perceptions of use among students.
- ▶ Sacramento State is 1 of 26 schools to participate in the Spring 2018 survey study.
- ▶ Over 800 students participated in the survey study in April 2018.

Key Findings Include:

- ▶ When are you most likely to misuse prescription drugs to study?
- ▶ Have you ever used a pain medication, stimulants, or sedatives for non-medical reasons?
- ▶ Have you experienced any effects from your use of non-medical use prescription medications?
- ▶ Have you mixed medications with other substances, such as alcohol?
- ▶ How often do you generally use these medications for non-medical reasons?
- ▶ When did you start using these medications for non-medical reasons?
- ▶ Are you aware of resources on and off campus?

Next Steps

- ▶ Prevention and Education
- ▶ Alcohol Advisory Council – Other Drugs Subcommittee Review Results
- ▶ Encourage 7 Dimensions of Wellness to support holistic well-being
- ▶ Peer Health Educators
- ▶ Narcan Training with Sacramento State Police
- ▶ Don't Rush to Flush Campaign & Safe Medication Practices
- ▶ Hornets Help Campaign

THANK YOU

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