

OPIOID ADDICTION AS AN ATTACHMENT DISORDER

Grantland L. Johnson Center for Health & Human Services
Conference Room 1
7001-A East Parkway
Sacramento, CA 95823

Thursday, February 7, 2019
10 AM - 12 PM

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SACRAMENTO COUNTY

Sacramento County
OPIOID COALITION
Together, We Save Lives

SSVMS
SIERRA SACRAMENTO VALLEY
MEDICAL SOCIETY

MAIN POINTS

- Origins of the opioid epidemic are complex.
- Socio-historical changes in the United States is a leading contributor to current epidemic.
- The link to brain opioid system of social attachment to play, pain, sociality and addiction.
- Social connections and meaningful activities increase endogenous opioids and theoretically reduce pain.
- Options may include detoxification, various levels of care, medication assisted treatments and harm reduction.

PURPOSE

Define the opioid crisis and social-historical factors in the escalation of opioid use/misuse; review the relationship of opioid misuse to attachment theory, pain, play and sociality; and discuss treatment issues, including chronic pain, harm reduction, evidence based practices, medication assisted treatments, community support, and talk therapy.

MICHAEL ROESKE, PSYD

Michael is a licensed clinical psychologist, adjunct professor, and the CEO of Bayside Marin. Since 2003, he has worked and trained in a variety of settings, including community mental health clinics, inpatient psychiatric hospitals, and residential and outpatient substance use disorder treatment programs. In addition, Michael has practiced as a supervisor, clinical director and assessor.

