



One Community Health
Healthy Together.



One Community Health as a Spoke

October 21, 2019

Valarie Scruggs, Health Equity Manager

Helen Meline, MAT Coordinator

Claire Nguyen, Physician Assistant



Providing Services In Sacramento

Midtown

Campus

1500 21st Street

Sacramento, CA 95811

Arden-Arcade

Campus

1442 Ethan Way

Suite 100

Sacramento, CA 95825

WIND Youth Services

815 S Street

Sacramento, CA 95811

916-561-4900

916-443-3299

onecommunityhealth.com

We Are One Community

Medical Care

- Primary Care
- Pediatrics
- Women's Health
- Prenatal/OB Care
- Teen Services
- LGBT Care
- Transgender Care
- Chiropractic
- Acupuncture
- Podiatry
- HIV Care
- STD Testing

Dental Care

- Adult & Children
- Exams & Cleanings
- Oral Health Education
- Urgent Dental Care

Vision Services

- Comprehensive Vision Tests
- Optical Center



We Are One Community

Counseling & Education

- Patient Ed Groups & Classes
- Nutrition Counseling & Classes

Behavioral Health

- Mental Health Counseling
- Psychiatry
- Substance Abuse Treatment

Pharmacy

- Full Service Pharmacy
- Clinical Pharmacy Services

Laboratory

Mission: To transform lives through care, research and community awareness

Our staff is dedicated to offering service that is:

- Compassionate – we treat patients, and each other, with kindness
- Accountable – we take ownership of our commitments and our actions
- Respectful – we embrace the cultures of our employees, patients, and community
- Excellence – we provide high-quality healthcare services to anyone in need

Hubs



High intensity MAT
Methadone, buprenorphine, naltrexone
Regional locations
All staff specialize in addictions treatment

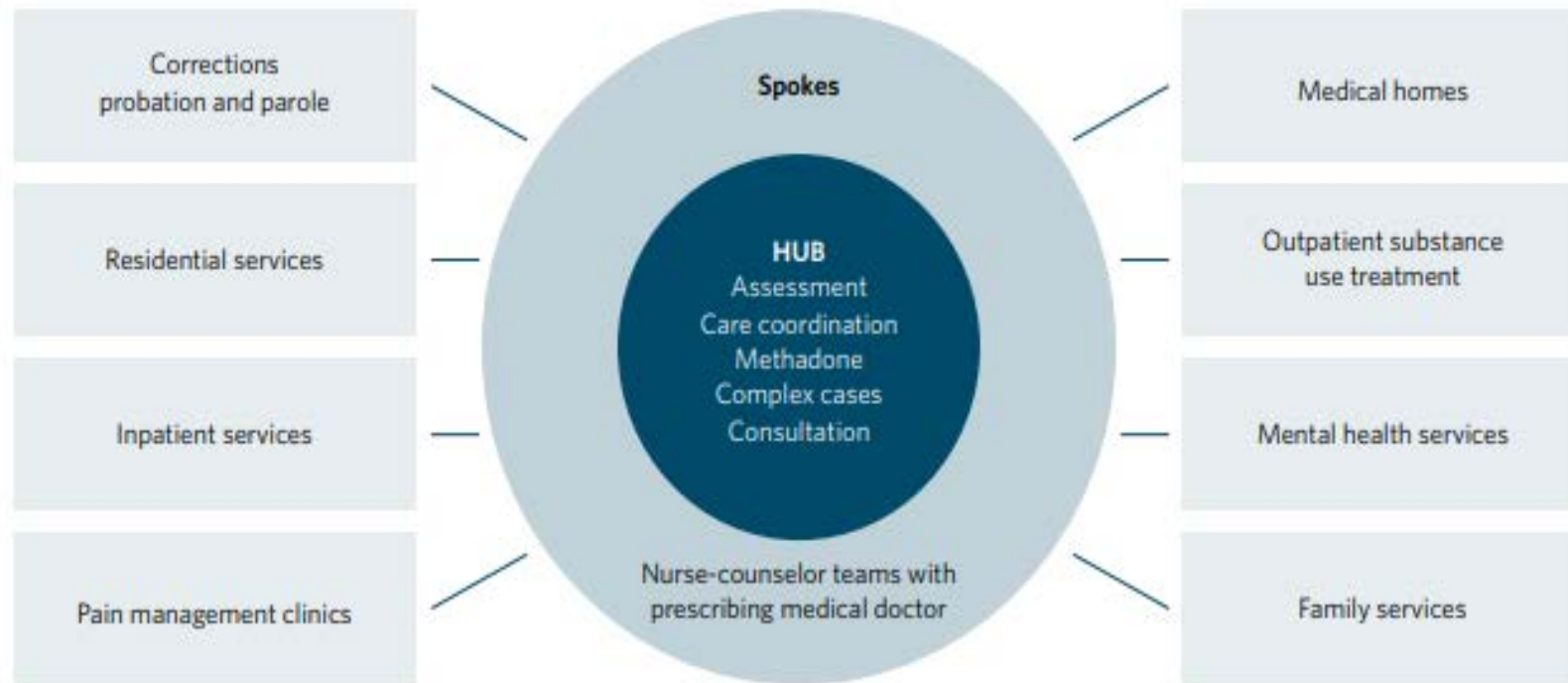
Spokes



Maintenance MAT
Buprenorphine, naltrexone
Community locations
Lead provider + nurse and LADC/MA counselor



Integrated Health System for Addictions Treatment



Source: Vermont Agency of Human Services, "Integrated Treatment Continuum for Substance Use Dependence, 'Hub/Spoke' Initiative—Phase 1: Opiate Dependence" (January 2012), <http://atforum.com/documents/HUBSPOKEBriefingDocV122112.pdf>

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What is a Spoke?

A spoke can be:

- ✓ Federally Qualified Health Center (such as One Community Health)
- ✓ Mental health center
- ✓ Private practice
- ✓ Community clinic
- Provide office-based opioid treatment and ongoing care for patients with more stable opioid use disorder.
- Can involve multidisciplinary staff, such as counselors and clinical case managers to coordinate the individual needs of each patient, although this is not always the case for those spokes with more limited staff resources.
- Can provide wraparound services to support recovery by addressing nontreatment needs such as transportation.

Benefits of Being a Spoke

Spokes receive a variety of support services from the Hub:

- Technical assistance to develop program
- Mentorship for clinicians
- Ability to refer complex patients to Hub

Other possible support (depending on grant money) might include:

- Reimbursement for cost of medications for uninsured individuals
- Assistance with transportation for patients in form of bus passes

Background

- Psychiatry at One Community Health operated a small MAT program for the previous 8 years
- One Community Health was invited to join the CA Hub and Spoke system in October 2018.
- MOU was signed November 18, 2018 with CommuniCare organization
- One Community Health has 9 clinicians who are X-waivered to prescribe buprenorphine for opioid use disorder
- In 2019, established informal partnership with UC Davis ED and Mercy San Juan ED to accept referrals for individuals who have been started on buprenorphine for OUD in the ED, and who need to find medical home to continue MAT treatment.

Medications for Addiction Treatment (MAT) Services at One Community Health

- Assessment & diagnosis of an opioid use disorder
- Medications for Addiction Treatment
- Counseling
- HIV and HCV testing
- Case management
- Medical, social work, and mental health services
- Recovery & peer support
- Maternal addiction treatment
- Intensive outpatient treatment

Special Features of Our MAT Services

- “Open door policy” for new patients seeking MAT services.
 - Medi-cal and most insurances accepted
- On-site pharmacy for ordering medications for starting patients on the medications.
- Coordinated care with primary care, behavioral health, and case management
- In-house and professional referrals


MAT Program Development

- Ongoing Training for clinicians and ancillary staff
 - November 2018 to present, through Hub and Spoke system
 - November 2019 to June 2020 through Sierra Health Foundation grant
- Funding to implement and develop MAT program from HRSA SUD-MH grant in September 2018, and Sierra Health Foundation grant in July 2019
- MAT protocols, workflows and communications systems have been developed


Promotion

- Community and referral agency education
- Distributing educational materials
- Coalitions
 - Sacramento County Opioid Coalition Meeting
 - Sacramento M.I.C. Committee Meeting (Medication Assisted Treatment Inclusion Coalition)
 - Sacramento Opioid Awareness and Prevention Summit
 - CA Consortium of Addiction Programs and Professionals

Social Media Campaigns

 **onecommunityhealth.org**
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Working together to provide a path to recovery for opioid related addiction.



Together in Care

Nonprofit Health Center
Providing Care for All

TOGETHER IN CARE Learn More

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Providing a path to recovery from opioid based addiction with medications and counseling.



Opioid Addiction Kills 130 Americans Everyday

Nonprofit Health Center
Providing Care for All

RECOVERY HAPPENS HERE Learn More

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Thank you.

