



Mobile Crisis Support Team

***in partnership with Law Enforcement and
TLCS Inc.***

Field Response Hours of Operation: Tuesday – Friday, 0900 – 1900

Follow-Up Support: Monday – Friday, 8am – 5pm

This program is funded by the Division of Behavioral Health Services through the voter approved Proposition 63, Mental health Services Act (MHSA) and the SB 82 Mental Health Wellness Grant

MISSION STATEMENT

The Mobile Crisis Support Team serves individuals of all ages and diversity in Sacramento County by providing timely crisis assessment and intervention to individuals who are experiencing a mental health crisis.



Funding and Development

- The program is funded by the Division of Behavioral Health Services through the voter approved Proposition 63, Mental Health Services Act (MHSA) and the SB 82 Mental Health Wellness Grant.
- The Program was operationalized in April 2015 and has had 2 subsequent Board approved expansions (*November 2016 and in 2017*).

Mobile Crisis Support Team

The team consists of a Sacramento County Division of Behavioral Health, Senior Mental Health Counselor who responds, in the field with an assigned Deputy/Officer to resolve the crisis. Upon referral, a TLCS Inc. Peer Navigator is engaged for follow-up support to ensure linkage to resources and ongoing care.



Mobile Crisis Support Team

- Officer and Senior Mental Health Counselor respond to Mental Health crisis calls as first responders via dispatch
- Upon completion of response to call, a referral is sent for the purpose of follow up via TLCS Peer Navigator.
- Patrol may request follow up for individuals or special cases that would benefit from links to Mental Health services and supports.

Mobile Crisis Support Team Goals

The team responds to, and mediates calls for service associated with individuals experiencing a mental health crisis, with the goal of:

- Providing safe, compassionate, and effective responses to individuals with Mental illness
- Increasing public safety
- Decreasing unnecessary Hospitalization
- Decreasing unnecessary Incarceration
- Providing knowledge of, and access to resources
- Linking individuals to on-going care

MCST OFFICER ROLE

- Prioritize and respond to Mental Health related calls
- Collaborate with MCST Counselor in approaching a scene/event
- Manage safety, including “clearing the scene” prior to MCST engagement at the scene
- Apply CIT training in the course of engagement
- Coordinate with MCST Counselor to support linkage to resources
- Observe and respect privacy rules for individuals discussing personal crisis or MH situation

MCST COUNSELOR ROLE

- Complete need assessment and crisis intervention
 - De-escalate and develop safety plans
 - Mobilize providers and natural supports
 - Complete 5150 application processes when necessary.
- Provide coordination with or linkage to Mental Health or Alcohol and Drug treatment providers.
- Provide consultation to officers, hospital emergency personnel, community agencies, and citizens regarding behavioral health and access to services.
- Refer to TLCS MCST Peer Navigator for follow-up.

MCST PEER ROLE

Upon Referral from Patrol or MCST Unit:

- Collaborate with referring party to support follow-up care.
- Apply lived experience as a peer and/or family member in culturally relevant ways, using wellness and recovery principles to support individuals, families and community.
- Meet individuals in the community to engage and link them to resources to prevent future need for crisis services.
- Work individually with clients and their natural supports to mediate barriers to engaging in recovery plans.
- Intervene with MCST assigned Officer and Counselor in emergency situations when needed to assist in creating support plans.

MCST Peer Navigators and The Triage Navigator Program

- MCST Peer Navigator and other Triage Navigator Program sites
- Peer Navigator Goals
- Peer Response Process
- To Initiate MCST Peer Navigator each Law Enforcement site has a referral e-mail process

MCST Support Services

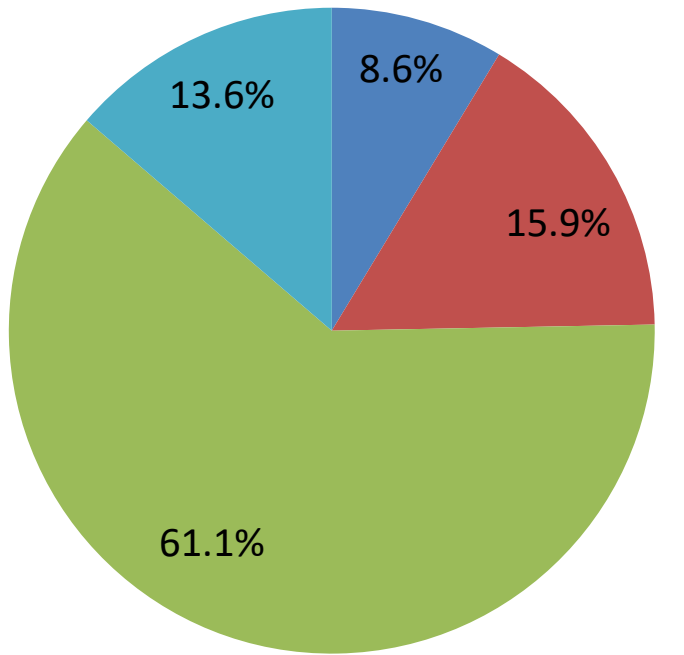


RESOURCE FOR PATROL!!!

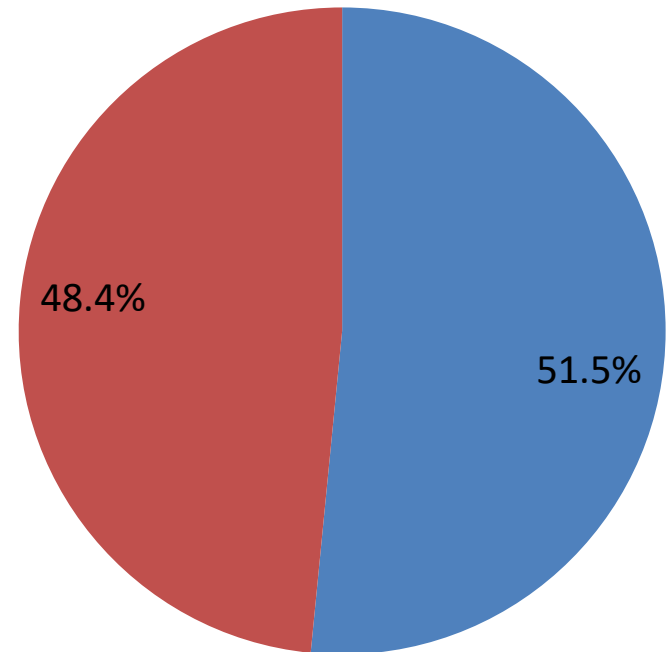
- Provide resources and consult for mediating or staging response
- Support de-escalation and resolution when needed
- Work in partnership with officers responding to chronic callers to create plan for support/resources/services
- Respond to individuals who have experienced a sudden and unexpected loss (Homicide/Suicide/Infant Deaths)
- Coordinate regarding individuals who are experiencing mental health symptoms and stressors who would benefit from resources
- Respond to requests for support upon referral

DEMOGRAPHICS

AGE & GENDER (N=851)



■ 0 to 15 ■ 16 to 25 ■ 26 to 59 ■ 60+

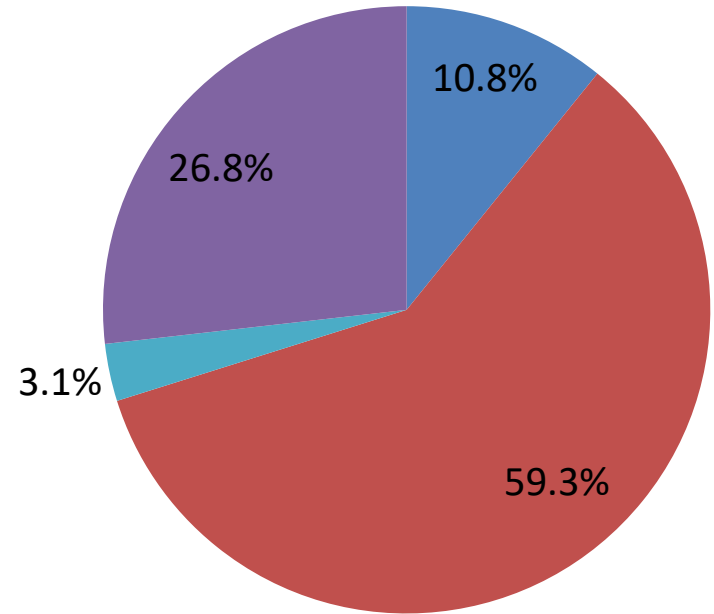
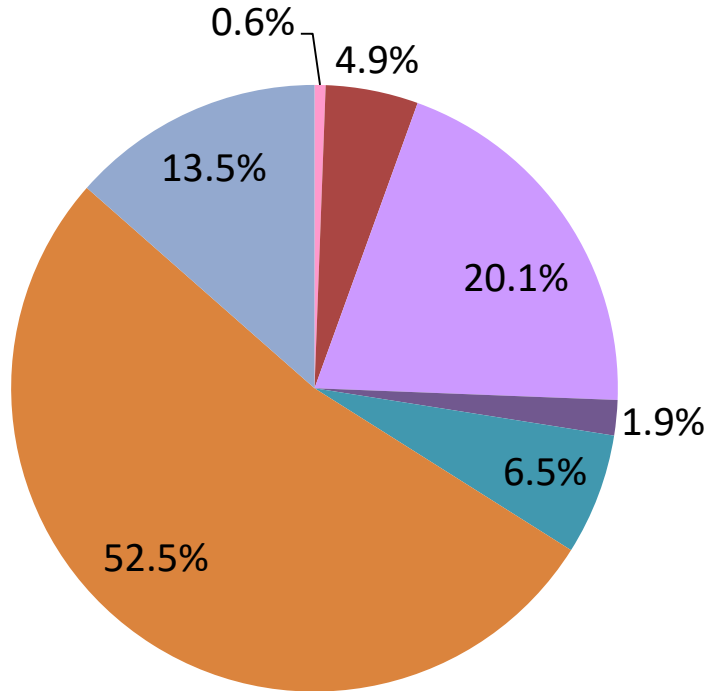


■ Female ■ Male

*Based on the number of unduplicated number of clients screened in FY 17/18.

DEMOGRAPHICS

RACE & ETHNICITY



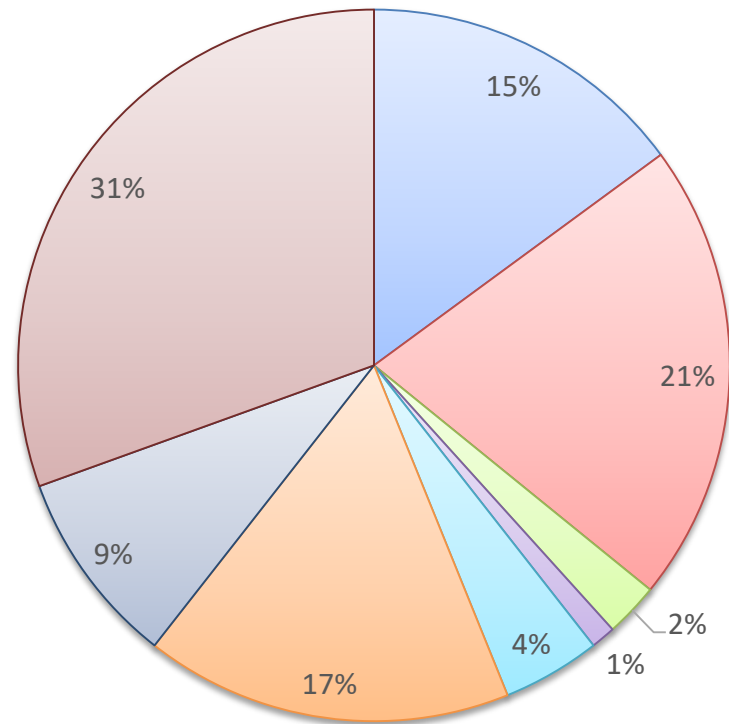
American Indian/Alaska Native Asian/Pacific Islander
Black Multi-Race
Other White
Unknown

Hispanic Non-Hispanic
Other Unknown

DEMOGRAPHICS

SUBSTANCE USE

Of 903 unduplicated clients served, 246 (27.2%) had an identified substance use diagnosis while served by the Sacramento County Mental Health Plan (MHP)



- Alcohol Use
- Cannabis Use
- Cocaine Use
- Nicotine Use
- Opioid Use
- Other
- Other Psychoactive Use
- Other Stimulant Use

Mobile Crisis Support Teams

County Wide

MCST Officer/Counselor team: Tues – Fri : 9am-7pm

- **Citrus Heights Police Department - CIT3** (Tues, Wed, Fri.)
- **Elk Grove Police Department – City of Elk Grove – CIT11**
- **Folsom Police Department - CIT9** (Thursday)
- **Sacramento Police Department – City Wide – MH11**
- **Sacramento Sheriff Department North Patrol - CIT1 & CIT2**
- **Sacramento Sheriff Department - Central Division - CIT6**

Referral-based follow-up : Mon – Fri. 8am – 5pm

Team Discussion of Role and Service

Q&A