

Lauren Werner  
Program Coordinator



**Ssvms.org**

150 years, 6,500

Physician members from all modes of practice to promote the art and science and enhance the physical and mental health of our entire community.



**SacOpioidCoalition.org**

7 years, Community Meeting 4x per year.

Prevent overdoses through expanding treatment access, safe disposal, early intervention, treatment and recovery, and expanding public education and media outreach.



## Help For Drug Use During Pregnancy



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Do you, or does someone you love, struggle with heroin or pain pills? Did you know that there is medication that can help?

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How do medications help?

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What are the medication options?



In addition to counseling or therapy, medication can be used to treat the use of heroin or pain pills (opioids) during pregnancy - much like how medications are used to treat other medical conditions, such as diabetes or heart disease.

Medications can help normalize brain chemistry, blocking the “feel good” effects of the opioid and reducing cravings.

You may have heard of some. Options include buprenorphine (Suboxone, Subutex, Buprenex, Buvidal, Sublocade) or methadone. Most are taken orally or as a pill every day. Some are also available in a monthly shot.



Free

## Narcan Training & Harm Reduction During the Age of Fentanyl Presentation

Narcan Included

Available In-Person or via Zoom

For Information and Appointments:

Lwerner@ssvms.org



SacOpioidCoalition.org



### Narcan Kits;

- 1 Box of NARCAN: 2 Naloxone Nasal Spray, 4mg Doses
- Printed out Instructions and Quick Start Guide
- 2 Alcohol Wipes for cleaning face and hands
- Chapstick

Low Barrier Services: policy adjustment for organizations, schools, outreach to all groups, assistance with NARCAN orders, CA standing orders, drug testing resources and training, materials available in other languages.



# MONARCH SOBER HOMES



## HEAR TO HEAL

OPEN TO ANYONE WHO HAS  
LOST A LOVED ONE TO  
OPIOIDS

We are a kindness-based,  
judgement-free and safe space.

Join us on Sunday, June 11th  
at 12 Noon



FREE PARKING

Hosted by:  
[monarchrecoverycenters.com](http://monarchrecoverycenters.com)  
& [sacopioidcoalition.org](http://sacopioidcoalition.org)

## HEAR TO HEAL

All are welcome to:

- Find solace in shared community
- Process feelings with transparency
- Connect and learn without expectations or pressure
- Move forward together, in our own unique healing journey



MONARCH RECOVERY CENTERS (MRC)

2020 HURLEY WAY  
Suite 145 (2nd FLOOR)  
SACRAMENTO, CA 95825

Questions and RSVP to Joe Britton:  
[monarch@monarchsoberhomes.com](mailto:monarch@monarchsoberhomes.com)





# GONE TOO SOON

Memorial Project

Poster Memorial Project to remember those lost to opioids

Displayed through digital media and at various locations in Sacramento

# Good People Take Drugs. Drugs Take Good People.



[sacopioidcoalition.org](http://sacopioidcoalition.org)



- The statistics are people with names, faces, stories, families who love them
- Displayed at events throughout the Sacramento Region
- Digital videos
- 21 families participating
- Available upon request: memorials, fundraisers, assemblies, health fairs.

# We are hiring a VISTA!



- ~ 12-month service
- ~ Passionate in Harm Reduction
- ~ Interested in a career in public health & likes to work on community-based projects
- ~ Naloxone Distribution
- ~ Increase awareness and develop anti-stigma media campaigns
- ~ Receive the Segal AmeriCorps Education Award (\$6,500 good for 7 years)
- ~ Non-competitive federal employment eligibility

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Contact: [Lwerner@ssvms.org](mailto:Lwerner@ssvms.org)