

Outreach and Street Medicine: Engaging People Who Use Opioids

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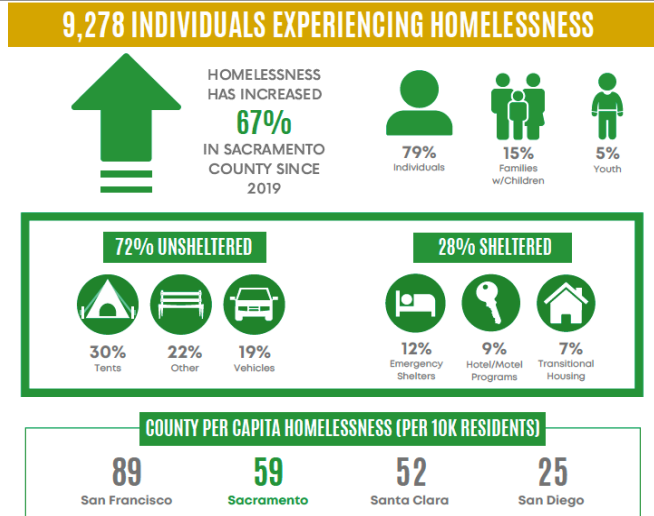


SACRAMENTO
*Street***MEDICINE**

Increased Homelessness in Sacramento

2019-2022 increase: 5,570 → 9,278

- Black residents are 3-4x more likely
- 58% have at least one disability



“The numbers skyrocket year after year and local government has failed to respond effectively”

Sacramento County Grand Jury Investigative Report 2022-2023

Health Conditions Among the Homeless Population in Comparison to the General US Population



HOMELESS

HOUSED



← VERSUS →

18%

Diabetes

9%

50%

Hypertension

29%

35%

Heart Attack

17%

20%

HIV

1%

36%

Hepatitis C

1%

49%

Depression

8%

58%

Substance Use Disorders

16%

Mortality of Homelessness

Average death is 12 years early:
43 years for women and 52 years for men

Drug overdose accounts for up 1 in 4 deaths

12.5% of those entering OUD treatment
experienced homelessness



Fine, D. R., Dickins, K., Adams, L. D., De Las Nueces, D., Weinstock, K., Wright, J. D., Gaeta, J. M., & Baggett, T. P. (2022). Drug overdose mortality among people experiencing homelessness, 2003 to 2018. *JAMA Network Open*, 5(1), e2142676. <https://doi.org/10.1001/jamanetworkopen.2021.42676>

Han, B. H., Doran, K. M., & Krawczyk, N. (2022). National trends in substance use treatment admissions for opioid use disorder among adults experiencing homelessness. *Journal of Substance Abuse Treatment*, 132, 108504. <https://doi.org/10.1016/j.jsat.2021.108504>

Melnikow, et. al. HOMELESSNESS, HEALTH AND INTEGRATING CARE: OPTIONS FOR INTEGRATING BEHAVIORAL HEALTH, MEDICAL CARE, AND HOUSING

Sac Street Med Operations

- Currently 6 Outreach Teams
 - Same location, same time, every 2 weeks
 - Medical care, patient navigation, survival supplies
 - Prioritize relationships and trust as entry point to provide care
- Volunteer-based
 - 200+ volunteers each year
 - Medical providers, medical students, graduate/undergraduate students, general public
- Expansion planned: Q4 2023
 - Outreach clinics 4 days per week
 - Paid staff, admin, providers
 - On-hand medications, lab/rad partnerships
 - Building capacity for ECM, street “homevisit” billing, sustainable partnerships



Addressing OUD

- Harm Reduction Supplies
 - Syringe delivery and disposal
 - Fentanyl testing strips
 - Narcan distribution
 - Health education
- Addiction Treatment
 - Currently offering referral and AOD navigation
 - Facilitating residential and/or crisis placement
 - Plan to offer buprenorphine starts (soon!)



Street Outreach/Rounds



Street Outreach/Rounds



SANE

2211 Del Paso Blvd
3-6pm Tues-Saturday



SANE Services

- Syringe Services
- Smoking Supplies
- Safer drug use and sex education
- Overdose prevention
- Hep C and HIV screening and referral
- Outreach, delivery of survival and harm reduction supplies
- Encampment water delivery
- Medication Assistance Program



Medication Assistance Program

- Medical Services Offered
 - Buprenorphine, Suboxone, Sublocade
 - Detox comfort meds for opioids and stimulants
 - Hep C treatment
 - Psychosocial support and motivational interviewing
 - Case management
 - Coming soon: wound care, PEP, PrEP, Syphilis, and other STIs
- Low-Barrier - Overcoming structural barriers to care
 - Located inside the Needle Exchange. Walk-ins welcome!
 - Free (for target population)
 - Tele-health and in-person options
 - Non-judgemental, non-punitive, unconditional positive regard
 - Harm-reduction-informed, patient-centered
 - Innovative bup starts: microdosing, home-start



SANE Services



Harm Reduction Saves Lives.



Meet People where they are at.