



Fentanyl Awareness and Action Summit
August 17, 2023

Narcan Session

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Objectives

Learn how to recognize an overdose/poisoning

Learn how to administer Narcan Nasal Spray

Be familiar with the CA Good Samaritan Law

Where to get Narcan

How to Order Narcan

OVERDOSE

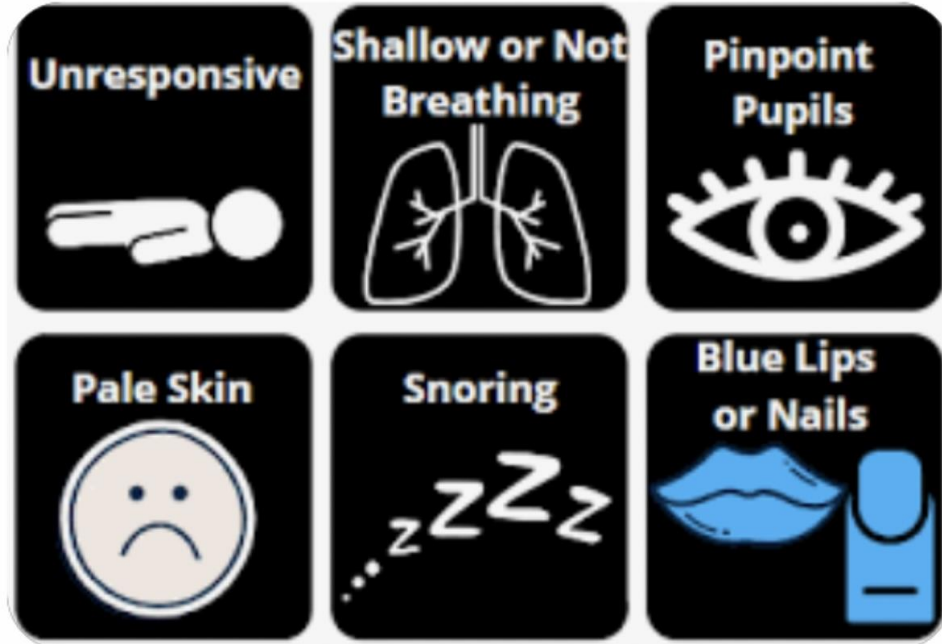
VS

POISONING

KNOWINGLY **INGESTING** TOO
MUCH OF SOMETHING
RESULTING IN ILLNESS OR
DEATH

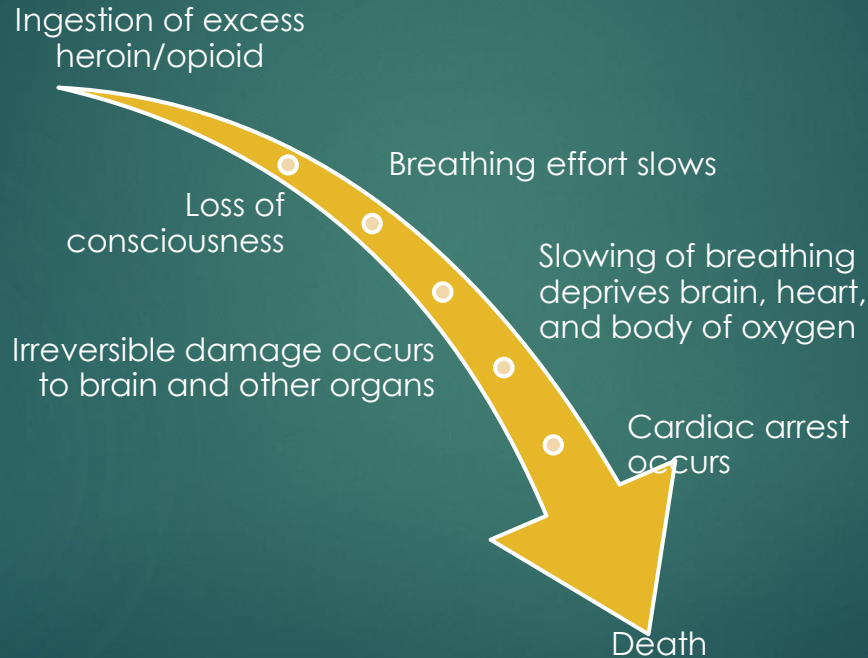
UNKNOWINGLY **INGESTING**
SOMETHING THINKING IT
WAS SOMETHING ELSE
RESULTING IN ILLNESS OR
DEATH

Defining the Problem



Learn the Signs of an Opioid Overdose or Poisoning

Poisoning/Overdose Progression



If you think someone has been poisoned or overdosing

- Call 911
- Check for responsiveness
- Check for breathing and pulse
- Administer Narcan
- Perform rescue breathing (if able)
- Lay the person on their side to prevent choking
- Stay with person until emergency worker arrives or get them to the hospital

What is NARCAN?

- Naloxone is also known by the brand name Narcan.
- Narcan/Naloxone is a medicine that rapidly reverses an opioid overdose/fentanyl poisoning.
- It reverses and blocks the effects of opioids.
- Quickly restore normal breathing within 2-8 min.
- Has no effect on someone who does not have opioids in their system.
- Examples of opioids include heroin, fentanyl, oxycodone (OxyContin), hydrocodone (Vicodin), codeine, and morphine.



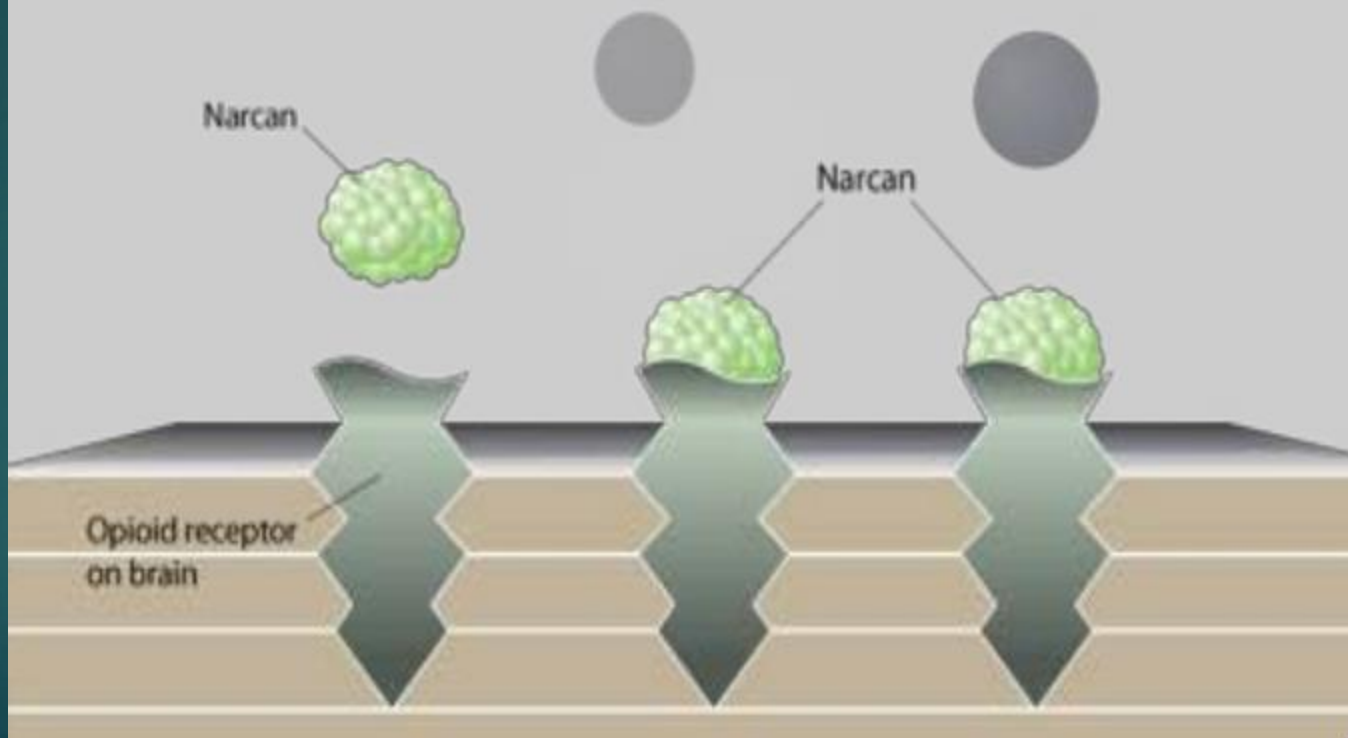
NARCAN SAVES LIVES

- ❑ Not a replacement to calling 911/Emergency Medical Services
- ❑ FDA approved medication
- ❑ Safe and effective for all ages



Narcan reversing an overdose

Narcan has a stronger affinity to the opioid receptors than opioids like heroin or Percocet, so it knocks the opioids off the receptors for a short time. This allows the person to breathe again and reverses the overdose.



1 Identify Opioid Overdose and Check for Response

Ask person if he or she is okay and shout name.

Shake shoulders and firmly rub the middle of their chest.

Check for signs of an opioid overdose:

- Will not wake up or respond to your voice or touch
- Breathing is very slow, irregular, or has stopped
- Center part of their eye is very small, sometimes called “pinpoint pupils”

Lay the person on their back to receive a dose of NARCAN Nasal Spray.



How to Administer Narcan

PEEL

PLACE

PRESS

2 Give NARCAN Nasal Spray

REMOVE NARCAN Nasal Spray from the box.
Peel back the tab with the circle to open the NARCAN Nasal Spray.

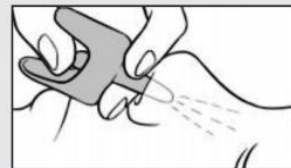
Hold the NARCAN Nasal Spray with your thumb on the bottom of the plunger and your first and middle fingers on either side of the nozzle.

Gently insert the tip of the nozzle into either nostril.

- Tilt the person's head back and provide support under the neck with your hand. Gently insert the tip of the nozzle into **one nostril**, until your fingers on either side of the nozzle are against the bottom of the person's nose.

Press the plunger firmly to give the dose of NARCAN Nasal Spray.

- Remove the NARCAN Nasal Spray from the nostril after giving the dose.



3

Call for emergency medical help, Evaluate, and Support

Get emergency medical help right away.

Move the person on their side (recovery position)

after giving NARCAN Nasal Spray.

Watch the person closely.

If the person does not respond by waking up, to voice or touch, or breathing normally another dose may be given. NARCAN Nasal Spray may be dosed every 2 to 3 minutes, if available.

Repeat Step 2 using a new NARCAN Nasal Spray to give another dose in the other nostril. If additional NARCAN Nasal Sprays are available, repeat step 2 every 2 to 3 minutes until the person responds or emergency medical help is received.



Good Samaritan Law

An individual acting in good faith may:

1. Receive and possess Narcan/Naloxone without a prescription
2. Administer Narcan/naloxone to another individual for suspected opioid overdose/poisoning
3. Receive immunity from liability for receiving, possessing, or administering Narcan/naloxone as long as the individual's actions do not constitute recklessness, gross negligence, or intentional misconduct
4. No person who renders aid to someone who has been injured or is ill may be named as a defendant or held liable in any personal injury civil action by any party in CA for acts or omissions unless alleged and proven to be intentional misconduct or gross negligence
5. Applies to all individuals without a medical duty to act.

CALIFORNIA'S GOOD SAMARITAN LAW



This law is designed to encourage people to quickly seek medical care for the overdose (drug-poisoned) victim.

Don't be afraid to call and save a life!



You may know someone who has been affected by accidental overdose (or drug-poisoning). Many deaths are preventable, yet people often fear arrest if they call 911 for help at a scene of a suspected drug overdose.

Where to get Narcan

Sacramento County Department of Health
Services, 916.875.2050, DHS-SUPT@saccounty.gov

Sacramento County Opioid Coalition
916.731.4315, sacopioidcoalition.net

Over the Counter with or without a prescription

Community Outreach Events

DHCS Naloxone Distribution Project
Naloxone@dhcs.ca.gov

How to Order Naloxone

DHCS Naloxone Distribution Project

Naloxone@dhcs.ca.gov

Online application process

Apply for a standing order to
purchase and distribute naloxone

Complete online training on
administering naloxone

Thank
you



SACRAMENTO
COUNTY